

# CV

## Lise Grevenkop-Castenskiold's Curriculum Vitae

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### PROFILE

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M.Sc.EE & Certified Business Coach offering international and virtual project management skills.

Words that describe me are: efficient, committed, persistent, result oriented and full of ideas.

I get things done.

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### CONTACT INFO

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## SKILLS & COMPETENCES

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### **Project Management**

I have 7 years of project management experience from Texas Instruments, both technical project management, international program management and management of an external supplier. Several years of experience with writing, owning and implementing processes and tools for project planning and risk management.

As a consultant I have provided Microsoft Project training in various companies. For 12 months I coached and supported more than 20 project managers at Vestas on project planning on a large R&D program. As a professional facilitator of an IT Project Management network in Northern Denmark, I have facilitated 15 days of combined project management training og knowledge sharing spread over the past 2 years.

### **Virtual Management**

From Texas Instruments I have 7 years of experience with managing virtual teams, working with Program Directors in France and Berlin, with Program Managers and teams in Nice, Dallas, Berlin, San Diego, Bangalore and Greensboro. While I was in charge of a global planning process the administrator of the IT solution was in Tel Aviv, my manager was in Nice, the stakeholders in Nice, Dallas, Tel Aviv, Bangalore, Berlin and Aalborg. The users that required training and support were spread around the world and were supported online.

As a consultant I have been a Project Manager and Strategy Consultant for a US customer in 2010 and 2011, where managers and employees from California, Connecticut, Delhi, Bangalore and Tel Aviv were engaged virtually up to the final workshop that was a face-to-face meeting.

The reason for my past success with virtual management is that I am very good at planning and engaging people over the phone, while presenting and visualizing what needs to happen. I am efficient and result-oriented and very persistent with a strong drive. My English is fluent since I went to school all around the world as a child.

### **Leadership & Coaching**

Both as a line manager for the project managers and as PMO execution manager I have demonstrated my skills within people management, coaching and organizational development. My style of leadership is to inspire and involve people in setting their own goals and participating in continuously improving the processes and tools used. Since 2006 I have been a certified business coach and I have used this knowledge in a number of workshops and during employee development meetings.

### **Ideas & Strategy**

As long as I remember I have always gotten lots of ideas. While working with Rule Breaking Strategy, I have learned how to use these very strong and structured tools to involve employees in generating ideas for the company strategy. In Texas Instruments I was also involved in Strategy work and strategy implementation in the PMO.

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## WORK HISTORY

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### **2009-2011 Independent Consultant and owner of *Efficient Project Management*:**

- 2010-2011 Project Management network facilitator at ICTNORCOM/BrainsBusiness
- 2010-2011 Virtual project management and strategy consulting for TranSwitch during 2 strategy processes in spring 2010 and summer 2011 together with Anja Krogh Sondrup (Rule Breaking Strategy)
- 2010-2011 Planning Consultant at Vestas R&D for 12 months (3-4 days a week)
- 2009-2009 Teaching MS Project at various companies and remote over the internet through EPMPartner
- 2009-2009 Planning and facilitating a conference at Ingeniørforeningen (IDA) for 70 participants

### **1997-2009 M.Sc.EE, Project & Program Manager at *Texas Instruments*:**

- 2008-2009 Planning Process Owner & Project Manager in the international CCSS Business Unit
- 2007-2008 PMO Execution Manager in Aalborg, Denmark
- 2007-2007 Line Manager for Project Managers in Aalborg, Denmark
- 2002-2007 Program Manager and vendor manager on various programs across Aalborg, Nice, San Diego, Berlin, Dallas, Greensboro and Bangalore.
- 2002-2002 Project Manager in Aalborg, Denmark
- 1997-2002 RF Development Engineer in Aalborg working mainly on GSM receiver design.
- 1994-1997 During my Master program I was also a student counselor & teaching assistant at the Electronic Department at Aalborg University.

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## EDUCATION

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- 2010-2011 Practical experience and training in the Rule Breaking Strategy tools through cooperation with Anja Krogh Sondrup on specific customer projects.
- 2009-2009 Microsoft Certified Technology Specialist in MS Project and Project Server 2007 (Practical experience with Project Server 2010 at Vestas R&D in 2011)
- 2005-2006 Business Coach Certification from Manning Inspire, Denmark
- 2002-2009 Various training within Project Management and Leadership
- 1991-1997 M.Sc.EE at Aalborg University, Denmark (1 year maternity leave in between)
- 1987-1990 Student at Odder Amtsgymnasium mathematics/physics department

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## PRIVATE LIFE

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I am 39 years old and I live together with my boyfriend in a house in Aarhus, Denmark, where I also have my office.

I have two wonderful and very independent sons that are 11 and 16 years old. They live with their father in the weekdays and with me in the weekends and holidays. My boyfriend has 3 sons that also come to spend weekends and holidays. So the weekends are dedicated to enjoying our children.

I love to walk, run and bike in my spare time. I enjoy take a nice walk during my lunch break. I like to get new ideas through reading and discussing subjects within science, business, life and personal development. I also like cooking when I have the time.

Together with my boyfriend I love to spend time outdoors, travel, attend cultural events, art exhibitions and movie theaters, whereas our television hardly gets any attention.

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## REFERENCES

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Recommendations from e.g. Vestas, TranSwitch, Texas Instruments and AnyBody Technology can be found on my website <http://www.efficientprojectmanagement.com/References>

Further recommendations can be viewed on my LinkedIn Profile (View full profile to see the references or contact me to request this) <http://www.linkedin.com/in/lisegrevenkopcastenskiold>

Upon request I can also put you in personal contact with my references.